

RNAV Hold Coding Tables

EAST MIDLANDS ROKUP Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Time (MIN)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
ROKUP	-	-	ROKUP	530102.13N 0013057.29W	Y	292° (291.5°)	0.0	1 MIN	RIGHT	-FL140 +FL080	-220	RNAV1

EAST MIDLANDS PIGOT Hold

Designator	Sequence Number	Path Terminator	Waypoint Name	Co-ordinates	Fly-over	Course/Track °M (°T)	Magnetic Variation	Distance (NM)	Turn Direction	Level Constraint	Speed Constraint	Navigation Performance
PIGOT	-	-	PIGOT	522942.57N 0010407.08W	Y	185° (185.0°)	0.0	5.5	LEFT	-FL120 +FL080	-220	RNAV5